Ear wax removal consent form

Please complete this form before your appointment.

Your details

Full name _____ Date of birth _____

Phone _____ Email _____

About your appointment

Please answer these questions honestly. They help us make sure ear wax removal is safe and suitable for you before you travel. If an answer means we need to speak to you first, we will contact you before your appointment.

Please do not book, and seek medical advice today, if you have: sudden hearing loss in one or both ears, severe ear pain, a high temperature with ear pain, or bleeding from the ear. Contact your GP or call NHS 111.

Which ear or ears are you booking for? (tick one)

☐ Left ☐ Right ☐ Both ☐ Not sure

Have you had your ears checked or wax removed before?

☐ Yes ☐ No

If yes, was there any problem during or after it?

_____

_____

_____

Your ear health

These questions are about things that can make ear wax removal unsafe, or mean it needs to be done differently. A “yes” does not necessarily mean we cannot see you.

Have you ever had a perforated (burst) eardrum? (tick one)

☐ Yes ☐ No ☐ Not sure

Have you ever had surgery on your ears, including grommets?

☐ Yes ☐ No

Do you currently have an ear infection, or have you had one in the last six weeks? (tick one)

☐ Yes ☐ No ☐ Not sure

Do you have any discharge or fluid coming from either ear?

☐ Yes ☐ No

Do you have pain in either ear at the moment?

☐ Yes ☐ No

Do you have hearing in only one ear?

☐ Yes ☐ No

Do you get dizziness, vertigo or balance problems?

☐ Yes ☐ No

Do you have tinnitus (ringing, buzzing or other noises in your ears)?

☐ Yes ☐ No

Do you take blood-thinning medication, such as warfarin, apixaban or daily aspirin? (tick one)
☐ Yes ☐ No ☐ Not sure

Is there anything else about your ears or general health we should know?

Things that help us prepare

None of these affect whether we can see you. They help the appointment go smoothly.

Have you been using ear drops or olive oil, and for how long? (tick one)
☐ Not using any ☐ Less than 3 days ☐ 3 to 7 days ☐ More than a week

Do you wear hearing aids?
☐ Yes ☐ No

Is there anything that would make it hard for you to sit still for 20 to 30 minutes, or anything else we can do to make your visit easier?

Your consent

Ear wax removal is a very common and usually comfortable procedure. Like any procedure, it carries some risks. During or after it you may notice temporary noise, dizziness, discomfort or a change in tinnitus. Less often, there may be minor irritation or bleeding of the ear canal. Rarely, the eardrum can be damaged. Sometimes wax is too hard to remove in one visit and a further appointment, or a period of using drops, is needed.

You can ask us to stop at any point during the procedure.

☐ **I have read the information above, I have answered these questions truthfully, and I consent to ear wax removal.**

Signature _____ Date _____

Full name _____

Template from praxbook.co.uk. Adapt it to your own practice, training and insurer's requirements before use.